

Tentative Program

2nd International Conference on

Traditional & Alternative Medicine

July 13-15, 2026 | Radisson Hotel Zurich Airport, Switzerland

Theme: Integrating Traditional and Alternative Medical Practices for Comprehensive Global Health



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Organizing Committee Members



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 Taiwan



Tatiana Zdyb
 MindSetting
 Canada



Stephen J. Schoenthaler
 California State University
 USA



Madalina Petre
 Holistic Medicine Practitioner in
 Bucharest
 Romania



Confirmed Speakers



Title: Blood, Rituals and Power: Exploring the Beliefs and Use of Traditional African Medicine Within Gang Culture in the Free State Province, South Africa

Ashwill Ramon Phillips

University of the Free State
South Africa



Title: Evaluation of the Topical Repellent Potential of Essential Oil from Croton sp (Euphorbiaceae) Leaves against Aedes Aegypti (Culicidae)

Janaína Silva de Freitas

State University of Southwest Bahia-UESB
Brazil



Title: Exploring Siddha Perspectives in Autoimmune Disorders: Evidence from Crohn's Clinical Case Studies

Bhuvanagiri Sathya Sindhuja

Chakrasiddh Holistic Healing Centre
India



Confirmed Speakers



Title: Exploring Evidence on Path to Workplace Wellness by Harnessing role of Sudarshan Kriya Yoga(SKY)

Monika Pathania

All India Institute of Medical Sciences
India



Title: Current Concepts in the Management of Neuropathic Pain

May L. Chin

George Washington University
USA



Title: Nutraceuticals that Influence Oxidative Stress, Inflammation and Gene Regulation

Krishnakumar. K

Maharaja's College
India



Confirmed Speakers



Title: Bio-available Forms of Indian Spices For Enhanced Outcomes to Deliver Benefits Across Human Health—The Emerging Scenario

Suresh Madathycandy Padignareil

Spices Board
India



स्पाइसेस बोर्ड भारत
वाणिज्य एवं उद्योग मंत्रालय, भारत सरकार
SPICES BOARD INDIA
Ministry of Commerce & Industry, Govt. of India



Title: Effect of Anuloma Viloma Pranayama (AVP) on Heart Rate Variability (HRV) and Brain Activity: A Cohort Study

Varun Malhotra

All India Institute of Medical Sciences
India



Title: Mindfulness in Medicine: Promoting Health, Well-Being, and Resilience

Anju Sawni

Michigan State University
USA



Tentative Schedule for July 13-15, 2026

9:00 AM - 9:30 AM	Registrations and Opening Ceremony
	Candle Lighting Ceremony (1st Day Only)/ Session Introduction
9:30 AM - 11:00 AM	Keynote Speech -1/ Keynote Speech -2/ Keynote Speech -3
11:00 AM - 11:15 AM (Morning Coffee Break) Exhibitor/Sponsors Booth Visiting	*Slots Available*/ *Slots Available*/ *Slots Available*
11:15 AM - 1:00 PM	Speaker Talk-1/ Speaker Talk-2/ Speaker Talk-3/ Speaker Talk-4/ Speaker Talk-5
1:00 PM - 2:00 PM (Lunch Break) Exhibitor/Sponsors Booth Visiting	*Slots Available*/ *Slots Available*/ *Slots Available*
2:00 PM - 4:00 PM	Speaker Talks Continues/ Workshop/ Symposiums/ Posters (Last Day)
4:00 PM - 4:15 PM (Evening Coffee Break) Exhibitor/Sponsors Booth Visiting	*Slots Available*/ *Slots Available*/ *Slots Available*
4:15 PM - 6:00 PM	Speaker Talks Continues/ Workshop/ Symposiums/ B2B/ Panel Discussions
*Awards/ Closing Ceremony	*****END*****



Zurich Top Attractions



Fraumunster Church



Umwelt Arena



Flumserberg Ski Resort



Home of FIFA



Swiss National Museum



Zurich Opera House



Lake Zurich

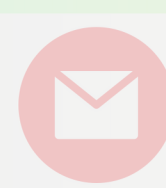
Zurich Botanical Garden



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Available**



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